



Minnesota Sheriffs' Association
100 Empire Drive, Suite 222
St. Paul, MN. 55103-1885
651-451-7216

**The Minnesota Sheriffs' Association and the Jail Academy Standardized
Training Committee are presenting:**

Defensive Tactics Instructor Train the Trainer

November 16th-19th, 2026

In-Person at the Polk County Sheriff's Office

Times: 8:00 AM – 4:00 PM

Registration is limited to 20 attendees.

This is a 32-hour course of lecture and hands-on instruction. The course will provide participants with knowledge, skills and confidence to professionally and properly control a resistive, combative subject. The course will cover legal and liability issues, how stress affects the body, and how to navigate through a use of force continuum. The course will also cover hand cuffing and other restraints found in corrections. Defensive tactics, Pressure points, Stuns and distractions, blocks, escapes, control techniques or escorts, Takedowns, ground survival skills, team control techniques, and edge weapons defense techniques will also be covered. This course was put together by use of force experts and instructors with over 40 years of experience and reviewed by an attorney at the Minnesota Counties Insurance Trust. This course also has a large focus on instructor development and how to instruct this material.

Class Location: Polk County Sheriff's Office. 600 Bruce Street, Crookston, MN 56716

Registration Costs: \$295 per person, which includes course materials, and break refreshments. Lunch is on your own.

**Lodging: Crookston Inn & Convention Center - 2200 University Ave, Crookston, MN 56716
Phone: (218) 470-1000**

**AmericInn by Wyndham Crookston U of M Crookston - 1821 University Ave, Crookston, MN 56716
Phone: (218) 864-6021**

Registration: Register for this training [HERE](#) (or visit the MSA Website and navigate to Trainings→Jail & Other Trainings)

If you have questions or need further information please contact:

Matt Luitjens – Training Coordinator

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Working for Minnesota Sheriffs since 1885