



Minnesota Sheriffs' Association
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The Minnesota Sheriffs' Association presents a TRI-training day

The three Topics:

-Inmate Con Games/Art of Manipulators
-Verbal Judo/IPC
-Report Writing

October 28, 2026

In-Person (limit 30 students) at the Aitkin County Jail

Times: 8:00 AM – 4:30 PM

Inmate Con-Games: 2-hour course. The purpose of this course is to instruct corrections and detention officers in the issues that surround inmate attempts at coercing staff into violating institutional rules. Students will come to learn that when it comes to manipulation, no group has more experience than inmates. In this course, we learn the basics of inmate psychology: What drives them to some of the most common plays, from harmless schemes to dangerous conspiracies and how corrections staff can prevent themselves from being made victims of these dangerous manipulations.

Verbal Judo training: 2-hour course. This block of lecture instruction presents students with material to Help de-escalate issues they may face in a housing unit. Students will discuss the correctional officer's do's and don'ts, what to say and what not to say, paralanguage and paraphrasing. Students will also be presented with scenarios to handle.

Report writing- This 2-hour block of lectures and practical instruction informs students of the requirements of a well-written report, and the potential problems a poorly written report creates. Emphasis is placed on providing students examples of well-written reports and how staff, the facility and agency are protected when reports are completed properly. Students are provided with instruction regarding inmate disciplinary procedures and due process hearings. Students complete a written test at the completion of the class.

Class Location: Aitkin County Jail, 218 1st St NW, Aitkin, MN 56431

Registration Costs: \$95 per person. This one-day course includes course materials, and break refreshments. Lunch is on your own.

Register: Register for this training [HERE](#).

If you have questions or need further information, please contact:
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Working for Minnesota Sheriffs since 1885